

TEACHING FRIENDOLOGY >>> FOR YEAR THREE

Follow this annual plan to shine the light on friendship skills all year long!

TERM 1

FRIENDOLOGY: CORE CONCEPTS

Each session introduces a **core concept**, revisited and strengthened across the year.

This creates a framework and shared language to support a whole-school friendship strategy.

- S:01 **INNER-NINJA**
- S:02 **MAKING FRIENDS**
- S:03 **FRIENDSHIP FACTS**
- S:04 **FRIEND-O-METER**
- S:05 **FRIENDSHIP FIRES®**
- S:06 **MEAN-ON-PURPOSE**
- S:07 **TRICKY SITUATIONS**
- S:08 **KIND + STRONG**

TERM ONE

TERMS 2-4 WEEKLY FRIENDSHIP LESSONS

With a focus on **Skills Development**, lessons are anchored in **core concepts** to deepen understanding, confidence, and real-world application.

- S:01 **Inner-Ninja Check-in**
Activity: *How Well Do You Know Yourself?*
- S:02 **Attract Friends**
Activity: *Be a Friendship Magnet*
- S:03 **Better Together**
Activity: *FF#3: Trust & Respect*
- S:04 **Feeling Left Out**
Activity: *Do You Know Your Friend-o-Meter?*
- S:05 **Face the Fire**
Activity: *Fill-in the Friend-o-Cycle*
- S:06 **Serious Quick Comebacks**
Activity: *Are You Ready with a Quick Comeback?*
- S:07 **Likes & Dislikes**
Activity: *Respect & Lunch Boxes*
- S:08 **Boost Self-Kindness**
Activity: *Kindness Juice*

TERM TWO

WHOLE-SCHOOL WELLBEING THEMES:

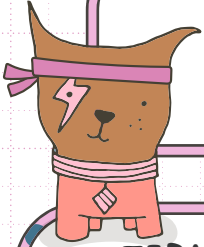
- January is **Fun!**
- February is **Self-Compassion**
- March is **Courage**
- April is **Empathy**
- May is **Diversity**
- June is **Trust**
- July is **Gratitude**
- August is **Respect**
- September is **Forgiveness**
- October is **Honesty**
- November is **Kindness**
- December is **Community**

- S:01 **Tame Your Butterflies**
Activity: *Tame Your Fluttering Butterflies*
- S:02 **New Friends & Feelings**
Activity: *Explain Your Feelings*
- S:03 **Friendship Timeline**
Activity: *Map Out Your Friendship Timeline*
- S:04 **Build a Friend-o-Meter**
Activity: *A Super Fast Friend-o-Meter*
- S:05 **Flame or Bushfire?**
Activity: *Sort The Friendship Fires®*
- S:06 **Name-Calling**
Activity: *What to do When Someone is Mean-on-Purpose*
- S:07 **Spot the Clues**
Activity: *Can You Read the Body Language?*
- S:08 **Kindness All Around**
Activity: *Kindness Awards*

TERM THREE

- S:01 **Happy Being Me**
Activity: *Be Your Own BFF*
- S:02 **Friendship Bingo Blackout**
Activity: *Friendship Bingo*
- S:03 **Magic Moments**
Activity: *Marble Jar Friend*
- S:04 **Personal Bubbles**
Activity: *My Personal Boundaries*
- S:05 **Firefighter or Firelighter?**
Activity: *Can You Put Out This Friendship Fire®?*
- S:06 **Interests Change**
Activity: *FF#4: Friendships Change And That's Okay!*
- S:07 **Picking Sides**
Activity: *Get to Know Your Friend-o-Cycle*
- S:08 **Friendship Ninja Party**
Activity: *Friendology Pop Quiz*

TERM FOUR



TEACHING FRIENDOLOGY >>> FOR YEAR THREE

Build your own annual plan to suit your teaching style and students' needs!

TERM ONE

TERM 1

FRIENDOLOGY: CORE CONCEPTS

Each session introduces a **core concept**, revisited and strengthened across the year.

This creates a framework and shared language to support a whole-school friendship strategy.

- | | | | |
|------|-------------------------|------|--------------------------|
| S:01 | <u>INNER-NINJA</u> | S:05 | <u>FRIENDSHIP FIRES®</u> |
| S:02 | <u>MAKING FRIENDS</u> | S:06 | <u>MEAN-ON-PURPOSE</u> |
| S:03 | <u>FRIENDSHIP FACTS</u> | S:07 | <u>TRICKY SITUATIONS</u> |
| S:04 | <u>FRIEND-O-METER</u> | S:08 | <u>KIND + STRONG</u> |

TERM TWO

TERMS 2-4

WEEKLY FRIENDSHIP LESSONS

With a focus on Skills Development, lessons are anchored in **core concepts** to deepen understanding, confidence, and real-world application.

- | | | | |
|------|-------|------|-------|
| S:01 | | S:05 | |
| S:02 | | S:06 | |
| S:03 | | S:07 | |
| S:04 | | S:08 | |

TERM THREE

BUILT YOUR OWN LESSON PLANS? TELL US MORE!

Your annual plan should be a living, breathing document that reflects your students' social-emotional development and needs.

So what works for your students?

Once you've filled out this interactive form, email it to us and tell us why this format works for you!

- | | | | |
|------|-------|------|-------|
| S:01 | | S:05 | |
| S:02 | | S:06 | |
| S:03 | | S:07 | |
| S:04 | | S:08 | |

TERM FOUR

- | | | | |
|------|-------|------|-------|
| S:01 | | S:05 | |
| S:02 | | S:06 | |
| S:03 | | S:07 | |
| S:04 | | S:08 | |