

# TEACHING FRIENDOLOGY >>> FOR YEAR ONE

Follow this annual plan to shine the light on friendship skills all year long!

## TERM 1

### FRIENDOLOGY: FRIENDSHIP SKILLS CURRICULUM

This knowledge-transfer creates a framework and common language at the start of the school year to support a whole-school friendship strategy.

- |      |                         |      |                          |
|------|-------------------------|------|--------------------------|
| S:01 | <u>INNER-NINJA</u>      | S:05 | <u>FRIEND-O-METER</u>    |
| S:02 | <u>TRUE COLOURS</u>     | S:06 | <u>FRIENDSHIP FIRES®</u> |
| S:03 | <u>MAKING FRIENDS</u>   | S:07 | <u>TRICKY SITUATIONS</u> |
| S:04 | <u>FRIENDSHIP FACTS</u> | S:08 | <u>KIND + STRONG</u>     |

TERM ONE

## TERMS 2-4

### WEEKLY FRIENDSHIP LESSONS

Using a student-centred approach with a focus on Skills Development, lessons are anchored in core concepts and continue expanding and strengthening friendship skills throughout the year.

- |      |                                |      |                                   |
|------|--------------------------------|------|-----------------------------------|
| S:01 | <u>Your BFF is YOU</u>         | S:05 | <u>Friend-o-Meter Feelings</u>    |
| S:02 | <u>How Are You Feeling?</u>    | S:06 | <u>Fill-in the Friend-o-Cycle</u> |
| S:03 | <u>Magnet Moves</u>            | S:07 | <u>Friends Have Fun</u>           |
| S:04 | <u>All Friends Are Special</u> | S:08 | <u>Be Brave</u>                   |

TERM TWO

### WHOLE-SCHOOL WELLBEING THEMES:

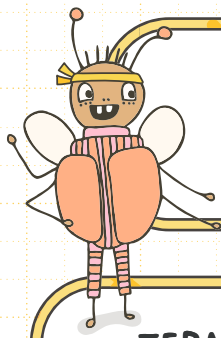
January is Fun!  
February is Self-Compassion  
March is Courage  
April is Empathy  
May is Diversity  
June is Trust  
July is Gratitude  
August is Respect  
September is Forgiveness  
October is Honesty  
November is Kindness  
December is Community

- |      |                             |      |                                |
|------|-----------------------------|------|--------------------------------|
| S:01 | <u>Get to Know Yourself</u> | S:05 | <u>Friend-LEGO-Meter</u>       |
| S:02 | <u>Name Your Feelings</u>   | S:06 | <u>Friendly or Unfriendly?</u> |
| S:03 | <u>The New Kid</u>          | S:07 | <u>Pawsitive Friendships</u>   |
| S:04 | <u>Buds &amp; Spuds</u>     | S:08 | <u>Kind + Strong Storytime</u> |

TERM THREE

- |      |                                |      |                              |
|------|--------------------------------|------|------------------------------|
| S:01 | <u>You Are Strong</u>          | S:05 | <u>Feel-Good Friendships</u> |
| S:02 | <u>Tricky Feelings</u>         | S:06 | <u>Learn the Lingo</u>       |
| S:03 | <u>Make Friends Fearlessly</u> | S:07 | <u>Look for the Good</u>     |
| S:04 | <u>Trust &amp; Respect</u>     | S:08 | <u>Kindness Superhero</u>    |

TERM FOUR



# TEACHING FRIENDOLOGY >>> FOR YEARS ONE

Build your own annual plan to suit your teaching style and students' needs!

TERM ONE

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KIND + STRONG

TERM TWO

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S:07

S:04

S:08

TERM THREE

### BUILT YOUR OWN LESSON PLANS? TELL US MORE!

Your annual plan should be a living, breathing document that reflects your students' social-emotional development and needs.

So what works for your students?

Once you've filled out this interactive form, email it to us and tell us why this format works for you!

S:01

S:05

S:02

S:06

S:03

S:07

S:04

S:08

TERM FOUR

S:01

S:05

S:02

S:06

S:03

S:07

S:04

S:08