

URSTRONG



Friendology 101

Educator Training



Deakin University PST Experience

"I was so impressed with the Deakin University Pre-Service Teachers who attended our Friendology 101 Educator Training. It was clear that so many of them truly value relationships and have found their passion. I hope they place social-emotional wellbeing at the forefront of Education & I wish them all so much success, happiness, and fulfillment as they begin their careers."



Dana Kerford
Founder, URSTRONG



Friendology 101 Training Details

Introductory and concluding **live workshops** bookended the following classes.

Session 1: The Science of Friendship

This session explores the science behind social-emotional wellbeing and why friendship skills must be prioritised in schools.

Session 2: The Language of Friendship

This session provides an overview of URSTRONG's core concepts, including the language and skills that are central to our whole-school friendship strategy.

Session 3: Friendology 101

This session teaches educators how to utilise URSTRONG's Friendology 101 curriculum along with hundreds of resources to enrich the curriculum.

Session 4: Becoming a URSTRONG School

This session will help educators craft an implementation plan, plus review the supporting documents available to URSTRONG Schools.



Training Quality

55 participants across 4 Alliances participated in URSTRONG's Friendology 101 Pre-Service Teacher Training in August 2020.

We asked students to rank the quality of the training and 100% ranked the training as Very High or High Quality (4.6 out of 5).

We also asked students if they would recommend the training and the average response was 9.1 out of 10.

Please note: sample represents 16 Deakin PST students.



URSTRONG



This diagram is everything!!

We asked students to describe how they felt after participating in the training and this word art represents their responses.

URSTRONG

A few of our favorite comments!

I am so excited to get started with the program at my school!

This training has truly been inspirational and I cannot wait to implement these strategies into my own teaching.

I loved the format and layout of the curriculum.



A few of our favorite comments!

Dana organised her plethora of information very concisely and in a really effective structure, making it highly engaging to watch and be a part of.

I would love to work in a school that implements this program! The skills that it provides for teachers and students sounds amazing.

URSTRONG

A few of our favorite comments!

I feel like I have the skills to be able to support friendship fires.

I'm really looking forward to creating healthy relationships within the classroom.

I enjoyed the fun & easy to understand vocabulary like Friendship Ninja!



A few of our favorite comments!

I found Dana's advice for building relationships with students invaluable and I have no doubt that I will carry this advice with me throughout my whole career.

Dana has inspired me to want to implement these programs in school communities I become a part of in the future.



Thank you to our project partner!



DEAKIN
UNIVERSITY

