REEPING IT REAL BETWEEN THE NIPPERS CROWNELL STATES OF THE STATES OF T

CAN YOU HELP YOUR GROWN-UP HELP YOU?

BEING REALLY CLEAR
WITH OUR FAMILIES
ABOUT WHAT WE
NEED (OR DON'T NEED)
WHEN WE ARE HAVING
BIG FEELS IS SUPER
IMPORTANT!

Have a chat to your Grown-Up so you both know how to help when that Friendship Fire® starts flickering!



Dearest Nipper!

When you're having a Friendship Fire®,
you can help me by...

1.

2.



Dearest Nipper!
When you're having a Friendship Fire®,
it would be great if you didn't...

1.

2.